

# Safe and Caring School Policy Support

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**“All students and school staff have the right to be treated in a fair, respectful and equitable manner in a safe school environment free from all forms of bullying, harassment and intimidation.” Safe and Caring Schools Policy**

All school staff will have the opportunity to be trained to identify and respond to unhealthy social behaviours or bullying behaviours and provide positive redirection or interventions. School staff will also be supported to provide teaching and learning materials for student and families in healthy relationships, bullying behaviours and positive mental health. These supports are available through:

**1. Restorative approaches:** a set of approaches used to build healthy communities, repair harm, and restore relationships. The emphasis is on addressing harm and building relationships, rather than administering punishment.

*Delivery:* In-service training in restorative practices.

*Contact:* School Community Consultant, 334-8723

**2. Applied Suicide Intervention Training Skills (ASIST):** a two-day suicide intervention workshop. The ASIST model teaches suicide intervention skills while helping to build suicide prevention networks in the community.

*Delivery:* Two-day workshop. Training available as of April 1, 2015.

*Contact:* School Community Consultant, 334-8723

**3. Violence Threat Risk Assessment Training (VTRA):** comprehensive skill-based training to teach the multidisciplinary process of determining if a threat maker actually poses a risk to a target(s) they have threatened.

*Delivery:* Two-day training workshop. Additional: In-service for school staff— overview of VTRA and Yukon Education’s policy and procedures.

*Contact:* Director of Student Support Services, 667-5986

**4. Critical Incident Stress Debriefing (Available Fall 2015):** a specific, small-group, supportive crisis-intervention process. The purpose is to have those impacted by the traumatic event return to their daily routine more quickly, with less likelihood of experiencing post- traumatic stress symptoms.

*Delivery:* In-person support, 24-72 hours following the critical incident

*Contact:* School Community Consultant, 334-8723

**5. Cyber-Safety Panel:** an inter-agency panel designed to raise awareness about cyber-safety, online bullying and peer exploitation amongst guardians of school-age children.

*Delivery:* Presentation followed by Q&A and printed resource materials

*Contact:* School Community Consultant, 334-8723

**6. Resources for building positive school climate:** Continued support will be provided to schools in the development staff-led, peer support groups, including Gay Straight Alliances, Challenge Days, Positive Behaviour Support and Intervention, and other positive school climate building activities

*Contact:* Social Emotional Educational Psychologist, 334-7636  
School Community Consultant, 334-8723

**7. Resources on bullying awareness and strategies:** Materials, including a website and educational materials for parents and families, will be provided to schools each year to develop awareness of bullying, including Canadian Centre for Child Protection resources and services and curriculum materials and resources on positive mental health and healthy relationships.

*Contact:* School Community Consultant, 334-8723  
Social Emotional Educational Psychologist, 334-7636

**8. Grief and Loss Support:** Continued support will be provided to schools following a critical incident.

*Delivery:* Counselling, grief and loss room, reading materials

*Contact:* Director Student Support Services, 667-5986  
School Community Consultant, 334-8723  
School Educational Psychologist



**9. Self-Regulation:** the ability to manage your own energy states, emotions, behaviours and attention, in ways that are socially acceptable and help achieve positive goals. It provides a framework for delivering proactive interventions in the areas of physical/ sensory, emotional and cognitive regulation, as well as social and prosocial classroom activities.

*Contact:* Social Emotional Educational Psychologist, 334-7636

**10. Positive Behaviour Intervention Supports (Available Fall 2015):** PBIS provides a framework for schools to build whole school, classroom and non-classroom behavioural expectations and social scripts to enhance the social skills of the student population. It is designed to prevent chronic behavioural challenges and provide early intervention for children and youth displaying minor but repeated patterns of problem behaviour as well to enhance overall social skills of the student population.

*Contact:* Manager of Student Support, 335-3578

#### **11. Nonviolent Crisis Intervention® Training**

Training for staff working directly with a student who has had a safety plan established and staff who have been designated in the written safety plan as a response team. This training provides staff with a plan to intervene that emphasizes de-escalating a situation and keeping staff and student safety as the paramount goal.

*Delivery:* One-day, 8 hour training provided by Yukon Education Staff Nonviolent Crisis Intervention Trainers

*Contact:* Manager of Inclusive Practices: 332-0165

**11. Resource database:** Resources on bullying and violence prevention, substance use and addiction, mental health, physical health, sexual health and nutrition:

<http://www.yesnet.yk.ca/staffroom/pdf/14-15/cshdatabase.pdf>

*Contact:* School Community Consultant, 334-8723

**12. Monthly meetings:** for school counsellors, with a focus on resource sharing, case studies, and policy/procedure reviews.

*Contact:* Social Emotional Educational Psychologist, 334-7636

School Community Consultant, 334-8723

# Partners and Services

Yukon Education engages in interagency collaboration to support partnerships with other agencies and government departments through partnerships: Healthy Living Steering Committee, Violence Prevention Working Group, and Complex Needs Committee.

*Contact:* Director of Student Support Services, 667-5986